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## WEIGHTLOSS PATIENT PACKET

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**How did you hear about us?** \_\_\_\_\_

1. What is your age?  
You must be 18 years or older.
  2. What is your biological gender?
    1. Male – skip questions 6 – 9.
    2. Female – females answer questions 6 – 9.
  3. What is your height?
  4. What is your weight?  
Calculate BMI; if BMI is less than 27 you are not eligible.
  5. Do you have a history of having a fast heartbeat (heart rate above 100) or abnormal heartbeats/arrhythmia?
    1. Yes – you are ineligible if the answer is yes. GLP agonists can increase in HR.
    2. No
  6. Are you pregnant or considering trying to conceive?
    1. Yes – ineligible if yes, due to limited data on the safety of Semaglutide use during pregnancy. Animal models show reproductive harm.
    2. No
  7. Are you postmenopausal or no longer have a period?
    1. Yes – skip to question 10.
    2. No – if no, go to question 8.
  8. When was your last menstrual period?  
If no period within 30 days, patient is ineligible unless you upload a pregnancy test that was negative within the last 30 days.
  9. Are you currently breastfeeding?
    1. Yes – ineligible if yes, as it is unknown if Semaglutide is excreted into the breastmilk and the effects on breastfeeding infants are unknown.
    2. No
  10. Do you have diabetes or take medication for elevated blood sugars?
    1. Yes – if yes, go to question 11.
    2. No – skip to question 12.
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11. Please list any medications taken for diabetes.  
If any medication is listed besides Metformin, you are ineligible due to the risk of hypoglycemia.
  12. Do you have a personal or family history of medullary thyroid cancer or MEN (Multiple Endocrine Neoplasia) syndrome?
    1. Yes – ineligible if yes, as semaglutide may cause thyroid tumors in those with a personal or a family history of medullary thyroid cancer or MEN syndrome.
    2. No
  13. Have you had bariatric surgery (sleeve gastrectomy, Lap-band, gastric bypass, gastric balloon, etc.) in the last 12 months?
    1. Yes – ineligible if yes, due to the high risk of GI side effects and dehydration.
    2. No
  14. Are you taking any other medications for weight loss?
  15. Do you have any risk for pancreatitis?
    1. Yes – if yes, you cannot take Semaglutide.
    2. No
  16. Are you at risk for gallstones?
    1. Yes – if yes, you should proceed with caution when taking Semaglutide.
    2. No
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